

Central Jersey Otolaryngology  
1131 Broad Street, Suite 103  
Shrewsbury, New Jersey 07702  
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Audiology 732-460-1494

#### Directions

##### Garden State Parkway (Northbound or Southbound):

Take parkway to exit (109) Red Bank. Travel east on Route 520 (Newman Springs Road) to the end. Turn right onto Route 35 South (Dunkin Donuts will be on right). Travel approximately 2 miles on Route 35 South. Staples Plaza is on the left side. Turn left at traffic light directly after Staples Plaza onto Avenue at the Commons. Our building is on the right corner. Parking lot is in the back and we are in Suite 103. Building is Register Plaza.

##### Route 18 (Northbound or Southbound):

Take Route 18 to exit Eatontown/Long Branch to Route 36 East. Stay in the left hand lane and turn left onto Wyckoff Road. Monmouth Mall will be on the right side of Route 36. Once on Wyckoff Road make a left at the second traffic light onto Route 35 North. Travel about two miles and you will pass the main entrance to Fort Monmouth on your right. Go to the second traffic light and turn right onto Avenue at the Commons. Our building is on the right corner. Parking is in the back and we are in Suite 103. Building is Register Plaza.

##### Route 537:

Take Route 537 East to Sycamore Avenue and turn right onto Route 35. Once you pass Staples Plaza you will turn left onto Avenue at the Commons. Our building is on the right corner. Parking is in the back and we are Suite 103. Building is Register Plaza.

##### From Hazlet, Middletown, Keansburg, and Red Bank areas via Route 35:

Take Route 35 South pass the Grove Shopping Center in Shrewsbury. Continue on past Monmouth County Library. Make a left at the traffic light past Staples Plaza onto Avenue at the Commons. Our building is on the right corner and we are in Suite 103. Building is Register Plaza.

##### From Neptune, Ocean, Long Branch, and Eatontown areas via Route 35:

Take Route 35 North (you will pass Monmouth Mall) until you see the entrance to Fort Monmouth on your right. Go to the second traffic light after the entrance to Fort Monmouth and turn right onto Avenue at the Commons. Our building is on the right corner. Parking is in the back and we are Suit 103. Building is Register Plaza.

##### From Manalapan, Marlboro, Lincroft, and Colts Neck areas via Route 520:

Take 520 East (Newman Springs Road) to the end and turn right onto Route 35 South. You will travel approximately two miles and will see Staples Plaza on the left side. Make a left at the traffic light directly after Staples Plaza and turn onto Avenue at the Commons. Our building is on the right corner. Parking is in the back and we are Suite 103. Building is called Register Plaza.